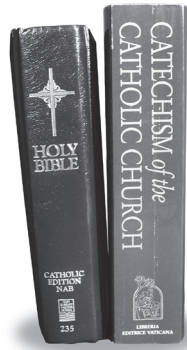


The Catholic Church has always venerated the divine Scriptures, and teaches that “Sacred Scripture is the speech of God as it is put down in writing under the breath of the Holy Spirit.” She also, “forcefully and specifically exhorts all the Christian faithful to learn ‘the surpassing knowledge of Jesus Christ’ (Phil. 3.8) by frequent reading of the divine Scriptures. ‘Ignorance of the Scriptures is ignorance of Christ.’” (From the Dogmatic Constitution on Divine Revelation, nos. 9, 21, and 25)

“If you remain in My word, you will truly be My disciples, and you will know the truth, and the truth will set you free.”
John 8:31-32 (NAB)



Many of us today do not know our faith well. But thanks to the loving initiative of Pope John Paul II and the Bishops of our Church, we now have a universal Catechism which explains what Catholics are to believe in a format that is easy to read and addresses current issues.

By making a commitment of only twenty to thirty minutes a day, you can prayerfully read through the entire Bible and/or Catechism in one year! Use whatever Bible translation you like that contains the entire Canon of Scripture. This guide is divided by month, but you can start at any time.

We encourage you to begin with a short prayer. For example:

• First, **Make the Sign of the Cross.** Then pray:

† *In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.*

• Then, pray a simple prayer, such as:

“Come, Holy Spirit, fill the hearts of Your faithful and kindle in them the fire of Your love. Send forth Your Spirit, and they shall be created. And You shall renew the face of the earth. Amen” †

• As you read, listen for themes and challenging statements that speak to your present life and needs.

• When you have finished, meditate silently for a moment on what you have read and then prayerfully respond.

• Check off the readings as you finish them.

• You may consider forming small groups of four or five friends to encourage and support one another, with each person doing the readings alone each morning and then the whole group gathering once per week for discussion and prayer. When used in a larger parish setting, these groups could be formed under the leadership of a priest, deacon or spiritual director.

• Some portions of Scripture are more difficult to read, understand and apply than others (i.e., the books of Leviticus and Numbers). However, be patient and prayerful, remembering that God can speak to us even through a long line of “begats.”

• The chapter and verse numbering in this guide is based on the New American Bible. Other versions may have slightly different numberings.

May God bless your reading of His Word and His Church's Catechism!

Personal Commitment Statement
I am going to try to read the Bible and Catechism in one year. If I get behind, I won't give up.

Date:	Scripture	Catechism
☐ 1	Gen 1	Pts 1-4
☐ 2	Gen 2	Pts 5-8
☐ 3	Gen 3	Pts 9-12
☐ 4	Gen 4	Pts 13-17
☐ 5	Gen 5-6.8	Pts 18-21
☐ 6	Gen 6.9-7.24	Pts 22-25
☐ 7	Gen 8-9	Pts 26-30
☐ 8	Gen 10-11	Pts 31-35
☐ 9	Gen 12-13	Pts 36-40
☐ 10	Gen 14-15	Pts 41-45
☐ 11	Gen 16-17	Pts 46-50
☐ 12	Gen 18	Pts 51-55
☐ 13	Gen 19	Pts 56-60
☐ 14	Gen 20	Pts 61-65
☐ 15	Gen 21	Pts 66-70
☐ 16	Gen 22-23	Pts 71-75
☐ 17	Gen 24	Pts 76-80
☐ 18	Gen 25-26	Pts 81-85
☐ 19	Gen 27	Pts 86-90
☐ 20	Gen 28-29	Pts 91-95
☐ 21	Gen 30	Pts 96-100
☐ 22	Gen 31	Pts 101-105
☐ 23	Gen 32-33	Pts 106-110
☐ 24	Gen 34-35	Pts 111-115
☐ 25	Gen 36-37	Pts 116-120
☐ 26	Gen 38-39	Pts 121-125
☐ 27	Gen 40-41	Pts 126-130
☐ 28	Gen 42-43	Pts 131-135
☐ 29	Gen 44-45	Pts 136-140
☐ 30	Gen 46-47	Pts 141-145

Date:	Scripture	Catechism
☐ 31	Gen 48-49.27	Pts 146-150
☐ 32	Gen 49.28-50.26	Pts 151-155
☐ 33	Ex 1-2	Pts 156-160
☐ 34	Ex 3-4	Pts 161-165
☐ 35	Ex 5-6	Pts 166-170
☐ 36	Ex 7-8	Pts 171-175
☐ 37	Ex 9	Pts 176-180
☐ 38	Ex 10-11	Pts 181-185
☐ 39	Ex 12	Pts 186-190
☐ 40	Ex 13-14	Pts 191-195
☐ 41	Ex 15	Pts 196-200
☐ 42	Ex 16-17	Pts 201-205
☐ 43	Ex 18-19	Pts 206-210
☐ 44	Ex 20-21	Pts 211-215
☐ 45	Ex 22-23	Pts 216-220
☐ 46	Ex 24-25	Pts 221-225
☐ 47	Ex 26-27	Pts 226-230
☐ 48	Ex 28	Pts 231-235
☐ 49	Ex 29-30	Pts 236-240
☐ 50	Ex 31-33	Pts 241-245
☐ 51	Ex 34-35	Pts 246-250
☐ 52	Ex 36-38	Pts 251-255
☐ 53	Ex 39-40	Pts 256-260
☐ 54	Lev 1-3	Pts 261-265
☐ 55	Lev 4-5	Pts 266-270
☐ 56	Lev 6-7	Pts 271-275
☐ 57	Lev 8-9	Pts 276-280
☐ 58	Lev 10-11	Pts 281-285
☐ 59	Lev 12-13	Pts 286-290
☐ 60	Lev 14	Pts 291-295

Date:	Scripture	Catechism
☐ 61	Lev 15-16	Pts 296-300
☐ 62	Lev 17-18	Pts 301-305
☐ 63	Lev 19-20	Pts 306-310
☐ 64	Lev 21-22	Pts 311-315
☐ 65	Lev 23-24	Pts 316-320
☐ 66	Lev 25	Pts 321-325
☐ 67	Lev 26-27	Pts 326-330
☐ 68	Num 1-2	Pts 331-335
☐ 69	Num 3-4	Pts 336-340
☐ 70	Num 5-6	Pts 341-345
☐ 71	Num 7	Pts 346-350
☐ 72	Num 8-9	Pts 351-355
☐ 73	Num 10-11	Pts 356-360
☐ 74	Num 12-13	Pts 361-365
☐ 75	Num 14-15	Pts 366-370
☐ 76	Num 16-17	Pts 371-375
☐ 77	Num 18-19	Pts 376-380
☐ 78	Num 20-21	Pts 381-385
☐ 79	Num 22-23	Pts 386-390
☐ 80	Num 24-25	Pts 391-395
☐ 81	Num 26-27	Pts 396-400
☐ 82	Num 28-29	Pts 401-405
☐ 83	Num 30-31	Pts 406-410
☐ 84	Num 32-33	Pts 411-415
☐ 85	Num 34-35	Pts 416-420
☐ 86	Num 36	Pts 421-425
☐ 87	Dt 1-2	Pts 426-430
☐ 88	Dt 3-4.24	Pts 431-435
☐ 89	Dt 4.25-5.33	Pts 436-440
☐ 90	Dt 6-7	Pts 441-445

Date:	Scripture	Catechism
☐ 91	Dt 8-9	Pts 446-450
☐ 92	Dt 10-11	Pts 451-455
☐ 93	Dt 12-13	Pts 456-460
☐ 94	Dt 14-16	Pts 461-465
☐ 95	Dt 17-18	Pts 466-470
☐ 96	Dt 19-21	Pts 471-475
☐ 97	Dt 22-23	Pts 476-480
☐ 98	Dt 24-26	Pts 481-485
☐ 99	Dt 27-28.46	Pts 486-490
☐ 100	Dt 28.47-29.28	Pts 491-495
☐ 101	Dt 30-31	Pts 496-500
☐ 102	Dt 32	Pts 501-505
☐ 103	Dt 33-34	Pts 506-510
☐ 104	Jos 1-3	Pts 511-515
☐ 105	Jos 4-6	Pts 516-520
☐ 106	Jos 7-8	Pts 521-525
☐ 107	Jos 9-10	Pts 526-530
☐ 108	Jos 11-13	Pts 531-535
☐ 109	Jos 14-15	Pts 536-540
☐ 110	Jos 16-18	Pts 541-545
☐ 111	Jos 19-20	Pts 546-550
☐ 112	Jos 21-22	Pts 551-555
☐ 113	Jos 23-24	Pts 556-560
☐ 114	Jud 1-2	Pts 561-565
☐ 115	Jud 3-4	Pts 566-570
☐ 116	Jud 5-6	Pts 571-575
☐ 117	Jud 7-8	Pts 576-580
☐ 118	Jud 9	Pts 581-585
☐ 119	Jud 10-11	Pts 586-590
☐ 120	Jud 12-14	Pts 591-595

Date:	Scripture	Catechism
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☐ 122	Jud 17-19	Pts 601-605
☐ 123	Jud 20-21	Pts 606-610
☐ 124	Ruth 1-2	Pts 611-615
☐ 125	Ruth 3-4	Pts 616-620
☐ 126	1Sam 1-2	Pts 621-625
☐ 127	1Sam 3-5	Pts 626-630
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☐ 129	1Sam 9-10	Pts 636-640
☐ 130	1Sam 11-13	Pts 641-645
☐ 131	1Sam 14	Pts 646-650
☐ 132	1Sam 15-16	Pts 651-655
☐ 133	1Sam 17	Pts 656-660
☐ 134	1Sam 18-19	Pts 661-665
☐ 135	1Sam 20-21	Pts 666-670
☐ 136	1Sam 22-23	Pts 671-675
☐ 137	1Sam 24-25	Pts 676-680
☐ 138	1Sam 26-28	Pts 681-685
☐ 139	1Sam 29-31	Pts 686-690
☐ 140	2Sam 1-2	Pts 691-695
☐ 141	2Sam 3-4	Pts 696-700
☐ 142	2Sam 5-6	Pts 701-705
☐ 143	2Sam 7-9	Pts 706-710
☐ 144	2Sam 10-12	Pts 711-715
☐ 145	2Sam 13-14	Pts 716-720
☐ 146	2Sam 15-16	Pts 721-725
☐ 147	2Sam 17-18	Pts 726-730
☐ 148	2Sam 19	Pts 731-735
☐ 149	2Sam 20-21	Pts 736-740
☐ 150	2Sam 22-23.7	Pts 741-745

Date:	Scripture	Catechism
☐ 151	2Sam 23.8-24.25	Pts 746-750
☐ 152	1Kng 1	Pts 751-755
☐ 153	1Kng 2-3	Pts 756-760
☐ 154	1Kng 4-5	Pts 761-765
☐ 155	1Kng 6-7	Pts 766-770
☐ 156	1Kng 8	Pts 771-775
☐ 157	1Kng 9-10	Pts 776-780
☐ 158	1Kng 11-12	Pts 781-785
☐ 159	1Kng 13-14	Pts 786-790
☐ 160	1Kng 15-16	Pts 791-795
☐ 161	1Kng 17-18	Pts 796-800
☐ 162	1Kng 19-20	Pts 801-805
☐ 163	1Kng 21-22	Pts 806-810
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☐ 165	2Kng 4-5	Pts 816-820
☐ 166	2Kng 6-7	Pts 821-825
☐ 167	2Kng 8-9	Pts 826-830
☐ 168	2Kng 10-11	Pts 831-835
☐ 169	2Kng 12-13	Pts 836-840
☐ 170	2Kng 14-15	Pts 841-845
☐ 171	2Kng 16-17	Pts 846-850
☐ 172	2Kng 18-19	Pts 851-855
☐ 173	2Kng 20-22	Pts 856-860
☐ 174	2Kng 23	Pts 861-865
☐ 175	2Kng 24-25	Pts 866-870
☐ 176	1Chr 1-2	Pts 871-875
☐ 177	1Chr 3-5	Pts 876-880
☐ 178	1Chr 6-7	Pts 881-885
☐ 179	1Chr 8-10	Pts 886-890
☐ 180	1Chr 11-12	Pts 891-895

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—John Paul II



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181	1Chr 13-15	Prv 14.1-17 2 Cor 12
182	1Chr 16-17	Prv 14.18-35 2 Cor 13
183	1Chr 18-21	Prv 15.1-17 Rom 1
184	1Chr 22-24	Prv 15.18-33 Rom 2
185	1Chr 25-27	Prv 16.1-16 Rom 3
186	1Chr 28-29	Prv 16.17-33 Rom 4
187	2Chr 1-3	Prv 17.1-15 Rom 5
188	2Chr 4-6	Prv 17.16-28 Rom 6
189	2Chr 7-9	Prv 18.1-12 Rom 7
190	2Chr 10-12	Prv 18.13-24 Rom 8
191	2Chr 13-15	Prv 19.1-14 Rom 9
192	2Chr 16-18	Prv 19.15-29 Rom 10
193	2Chr 19-21	Prv 20.1-15 Rom 11
194	2Chr 22-24	Prv 20.16-30 Rom 12
195	2Chr 25-27	Prv 21.1-15 Rom 13
196	2Chr 28-29	Prv 21.16-31 Rom 14
197	2Chr 30-31	Prv 22.1-16 Rom 15
198	2Chr 32-33	Prv 22.17-29 Rom 16
199	2Chr 34-35	Prv 23.1-21 Eph 1
200	2Chr 36	Prv 23.22-35 Eph 2
201	Ez 1-3	Prv 24.1-16 Eph 3
202	Ez 4-6	Prv 24.17-34 Eph 4
203	Ez 7-8	Prv 25.1-14 Eph 5
204	Ez 9-10	Prv 25.15-28 Eph 6
205	Neh 1-3	Prv 26.1-14 Col 1
206	Neh 4-6	Prv 26.15-28 Col 2
207	Neh 7-8	Prv 27.1-14 Col 3
208	Neh 9-10	Prv 27.15-27 Col 4
209	Neh 11-13	Prv 28.1-14 Phil 1
210	Tob 1-3	Prv 28.15-28 Phil 2
211	Tob 4-6	Prv 29.1-13 Phil 3

Date:	Scripture	Catechism
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213	Tob 12-14	Prv 30.1-17 Philemon
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215	Jdt 4-6	Prv 31.1-15 Lk 1.26-56
216	Jdt 7-8	Prv 31.16-31 Lk 1.57-80
217	Jdt 9-11	Eccl 1 Lk 2.1-35
218	Jdt 12-14	Eccl 2 Lk 2.36-52
219	Jdt 15-16	Eccl 3 Lk 3.1-14
220	Esth A,1-2	Eccl 4 Lk 3.15-38
221	Esth 3-C	Eccl 5 Lk 4.1-30
222	Esth D-8	Eccl 6 Lk 4.31-44
223	Esth 9-10	Eccl 7 Lk 5.1-26
224	1Mc 1	Eccl 8 Lk 5.27-39
225	1Mc 2	Eccl 9 Lk 6.1-31
226	1Mc 3	Eccl 10 Lk 6.32-49
227	1Mc 4	Eccl 11 Lk 7.1-23
228	1Mc 5	Eccl 12 Lk 7.24-50
229	1Mc 6	Sng 1 Lk 8.1-25
230	1Mc 7-8	Sng 2 Lk 8.26-56
231	1Mc 9	Sng 3 Lk 9.1-26
232	1Mc 10	Sng 4 Lk 9.27-45
233	1Mc 11	Sng 5 Lk 9.46-62
234	1Mc 12	Sng 6 Lk 10.1-24
235	1Mc 13	Sng 7 Lk 10.25-42
236	1Mc 14	Sng 8 Lk 11.1-26
237	1Mc 15-16	Wis 1 Lk 11.27-54
238	2Mc 1-2	Wis 2.1-11 Lk 12.1-31
239	2Mc 3-4	Wis 2.12-24 Lk 12.32-59
240	2Mc 5-6	Wis 3.1-9 Lk 13
241	2Mc 7-8	Wis 3.10-19 Lk 14
242	2Mc 9-10	Wis 4.1-15 Lk 15
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245	2Mc 15	Wis 5.17-23 Lk 18.1-17
246	Job 1-3	Wis 6.1-11 Lk 18.18-43
247	Job 4-7	Wis 6.12-25 Lk 19.1-27
248	Job 8-10	Wis 7.1-14 Lk 19.28-48
249	Job 11-14	Wis 7.15-30 Lk 20.1-26
250	Job 15-17	Wis 8.1-10 Lk 20.27-47
251	Job 18-20	Wis 8.11-21 Lk 21
252	Job 21-24	Wis 9 Lk 22.1-23
253	Job 25-28	Wis 10.1-12 Lk 22.24-46
254	Job 29-31	Wis 10.13-21 Lk 22.47-71
255	Job 32-34	Wis 11.1-14 Lk 23.1-25
256	Job 35-37	Wis 11.15-26 Lk 23.26-56
257	Job 38-39	Wis 12.1-11 Lk 24.1-27
258	Job 40-42	Wis 12.12-27 Lk 24.28-53
259	Isa 1-2	Wis 13.1-9 1 Tim 1
260	Isa 3-5	Wis 13.10-19 1 Tim 2
261	Isa 6-8	Wis 14.1-15 1 Tim 3
262	Isa 9-10	Wis 14.16-31 1 Tim 4
263	Isa 11-13	Wis 15.1-17 1 Tim 5
264	Isa 14-16	Wis 15.18-16.14 1 Tim 6
265	Isa 17-19	Wis 16.15-29 Titus
266	Isa 20-22	Wis 17.1-10 1 Ptr 1
267	Isa 23-24	Wis 17.11-21 1 Ptr 2
268	Isa 25-27	Wis 18.1-9 1 Ptr 3
269	Isa 28-29	Wis 18.10-25 1 Ptr 4
270	Isa 30-31	Wis 19.1-12 1 Ptr 5
271	Isa 32-33	Wis 19.13-22 2 Ptr 1
272	Isa 34-36	*Sir Prologue 2 Ptr 2
273	Isa 37-38	Sir 1.1-15 2 Ptr 3

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276	Isa 43-44	Sir 2.12-18 Heb 3
277	Isa 45-46	Sir 3.1-16 Heb 4
278	Isa 47-48	Sir 3.17-30 Heb 5
279	Isa 49-50	Sir 4.1-19 Heb 6
280	Isa 51-52	Sir 4.20-31 Heb 7
281	Isa 53-55	Sir 5 Heb 8
282	Isa 56-57	Sir 6.1-22 Heb 9
283	Isa 58-59	Sir 6.23-37 Heb 10
284	Isa 60-61	Sir 7.1-17 Heb 11
285	Isa 62-64	Sir 7.18-36 Heb 12
286	Isa 65-66	Sir 8.1-9 Heb 13
287	Jer 1-2	Sir 8.10-19 2 Tim 1
288	Jer 3-4	Sir 9 2 Tim 2
289	Jer 5-6	Sir 10.1-18 2 Tim 3
290	Jer 7-8	Sir 10.19-30 2 Tim 4
291	Jer 9-10	Sir 11.1-17 Jude
292	Jer 11-12	Sir 11.18-34 Jn 1.1-23
293	Jer 13-14	Sir 12 Jn 1.24-51
294	Jer 15-16	Sir 13.1-13 Jn 2
295	Jer 17-18	Sir 13.14-27 Jn 3.1-21
296	Jer 19-21	Sir 14.1-14 Jn 3.22-36
297	Jer 22-23.8	Sir 14.15-27 Jn 4.1-26
298	Jer 23.9-24	Sir 15 Jn 4.27-54
299	Jer 25-26	Sir 16.1-14 Jn 5.1-24
300	Jer 27-29	Sir 16.15-28 Jn 5.25-47
301	Jer 30-31.22	Sir 17.1-14 Jn 6.1-21
302	Jer 31.23-32.44	Sir 17.15-27 Jn 6.22-40
303	Jer 33-34	Sir 18.1-14 Jn 6.41-71
304	Jer 35-36	Sir 18.15-33 Jn 7.1-24
304	Jer 37-39	Sir 19.1-17 Jn 7.25-53

Date:	Scripture	Catechism
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307	Jer 43-45	Sir 20.1-17 Jn 8.31-59
308	Jer 46-47	Sir 20.18-30 Jn 9.1-23
309	Jer 48	Sir 21.1-14 Jn 9.24-41
310	Jer 49	Sir 21.15-28 Jn 10.1-21
311	Jer 50	Sir 22.1-15 Jn 10.22-42
312	Jer 51	Sir 22.16-27 Jn 11.1-27
313	Jer 52	Sir 23.1-15 Jn 11.28-57
314	Lam 1	Sir 23.16-27 Jn 12.1-26
315	Lam 2	Sir 24.1-17 Jn 12.27-50
316	Lam 3	Sir 24.18-31 Jn 13
317	Lam 4-5	Sir 25.1-11 Jn 14
318	Bar 1-2	Sir 25.12-25 Jn 15
319	Bar 3-4	Sir 26 Jn 16
320	Bar 5-6	Sir 27.1-15 Jn 17
321	Eze 1-3	Sir 27.16-30 Jn 18
322	Eze 4-7	Sir 28.1-12 Jn 19.1-22
323	Eze 8-10	Sir 28.13-26 Jn 19.23-42
324	Eze 11-13	Sir 29.1-13 Jn 20
325	Eze 14-16	Sir 29.14-28 Jn 21
326	Eze 17-18	Sir 30.1-13 1 Jn 1
327	Eze 19-20	Sir 30.14-25 1 Jn 2
328	Eze 21-22	Sir 31.1-15 1 Jn 3
329	Eze 23-24	Sir 31.16-31 1 Jn 4
330	Eze 25-27.11	Sir 32.1-13 1 Jn 5
331	Eze 27.12-28.26	Sir 32.14-24 2 Jn
332	Eze 29-30	Sir 33.1-15 3 Jn
333	Eze 31-32	Sir 33.16-33 Rev 1
334	Eze 33-34	Sir 34.1-12 Rev 2
335	Eze 35-37	Sir 34.13-26 Rev 3
336	Eze 38-39	Sir 35 Rev 4

Date:	Scripture	Catechism
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338	Eze 42-44	Sir 36.15-27 Rev 6
339	Eze 45-46	Sir 37.1-15 Rev 7
340	Eze 47-48	Sir 37.16-30 Rev 8
341	Dan 1-2	Sir 38.1-23 Rev 9
342	Dan 3	Sir 38.24-34 Rev 10
343	Dan 4-5	Sir 39.1-16 Rev 11
344	Dan 6-7	Sir 39.17-35 Rev 12
345	Dan 8-9	Sir 40.1-17 Rev 13
346	Dan 10-12	Sir 40.18-30 Rev 14
347	Dan 13-14	Sir 41 Rev 15
348	Hos 1-4	Sir 42.1-14 Rev 16
349	Hos 5-8	Sir 42.15-25 Rev 17
350	Hos 9-11	Sir 43.1-12 Rev 18
351	Hos 12-14	Sir 43.13-35 Rev 19
352	Joel	Sir 44.1-11 Rev 20
353	Am 1-4	Sir 44.12-23 Rev 21
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359	Habakkuk	Sir 48.1-11 Lk 1.57-80
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361	Haggai	Sir 49 Lk 2.22-52
362	Zech 1-5	Sir 50.1-13 Jn 1.1-18
363	Zech 6-10	Sir 50.14-29 Col 1.14-23
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365	Malachi	Sir 51.13-30 Jn 3.16-21